

Re-Grow Leftovers

*Don't Throw That Out!
Grow Some More!*



What To Grow:

Stems:

- Lettuce
- Celery
- Basil

Roots:

- Beets
- Green Onion
- Fennel
- Onion
- Garlic
- Ginger

Seeds:

(Put in soil)

- Tomatoes
- Peppers

What You Need:

- Container
- Water
- Pot with soil



What You Do:

1. Clean everything
2. Cut off root or stem
3. Place in shallow water
4. Place in gentle light
5. Watch it grow (change water frequently)
6. If healthy roots appear, plant in potting soil
7. Continue to grow in bright light

**IN A FEW WEEKS
Eat and Enjoy!**

CHALLENGE: Check the internet for other ways to grow leftovers!

Pick up instructions or see below

